

HAWAII COPD COALITION

NEWS

Info & resources on Chronic Obstructive Pulmonary Disease, emphysema & chronic bronchitis

Volume 1, Issue 3

Summer 2009

NEW Breathing Test Clinics

The **Hawaii COPD** (Chronic Obstructive Pulmonary Disease) **Coalition** in collaboration with **Longs Drugs/ CVS** offers free breathing tests. Priority will be given to smokers, former smokers, and adults with breathing problems. Testing is performed by trained healthcare professionals.

For more information about the clinics or support groups, contact **Longs Clinical Services** at 988-2439 or **Hawaii COPD Coalition** at 699-9839. Clinics for 2009 are as follows and will be posted at www.hawaiicopd.org. Dates on reverse side.

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Working Toward a National COPD Program

Hawaii COPD Coalition supported a Hawaii joint concurrent resolution this session. It urges Congress to have the Centers for Disease Prevention and Control ("CDC") fund a COPD national program. Many thanks to the introducers: Senator Chun-Oakland and Representatives Mizuno and Yamane, as well as all our legislators who supported it. Our Hawaii Congressional delegation is aware of this joint concurrent resolution. The text of the measure is here:

http://www.capitol.hawaii.gov/session2009/bills/HCR214_HD1_.pdf

Breathing Hui—new group

Support Group on breathing and cessation

Everyone is invited to attend our FREE Breathing Hui support group meetings. Our **new group** had its first meeting at **Hawaii Kai Retirement Community** in June 2009. It will meet **10-noon**, on the **3rd Saturday** of every month through September; details to be posted on our website, <http://hawaiicopd.org>. The address is 528 Kawaihae Street—Phase 1, Multi-Purpose Room (3rd Floor). Meetings are led by registered nurses, Donita Gano and Julie Robinson.

Another group meets monthly at **Kaiser Honolulu**, 1010 Pensacola, meeting room 2A/B, **2nd Friday of the month from 10-noon**. The meetings are led by experienced respiratory therapists, Joan Loke and Jo Ann Ikehara. (\$3 for 3-hour parking fee.)

Meetings cover a variety of topics including exercise, travel, oxygen supplies, medications, latest research, legislation about breathing issues, and much more! There is no charge for the meetings; refreshments and supplies are included.

COPD Education Day 2009

Mark your calendar for our 3rd annual COPD Education Day 2009. It will be on **Saturday, November 7, 2009 at Queen's Conference Center, 9-1:30 p.m.** Details to follow!



Hawaii COPD Coalition
733 Bishop Street, Suite 1550
Honolulu, HI 96813
www.hawaiicopd.org
copd.hawaii@yahoo.com

ADDRESS CORRECTION REQUESTED

Free July-September Events

Breathing Testing

Sat., July; 11, 10am-1pm, **Longs Kapolei**
(590 Farrington Highway, 96707)

Sat., July; 25, **noon-3pm**, **Longs Kauai in Lihue**
(3-2600 Kaumualii Highway, Suite 2000, 96766)

Sat., Aug. 8, 10am-1pm, **Longs Waianae**
(86-120 Farrington Highway, 96792)

Sat., Aug. 22, 10am-1pm, **Longs Pearl Ridge**
(98-1005 Moanalua Road, Pearl Ridge Center, 96701)

Sat., Sept. 5, 10am-1pm, **Longs Mililani**
(95-1249 Meheula Parkway, Suite D/167, 96789)

Sat., Sept. 26, 10am-1pm, **Longs Kam**
(1620 North School Street, Suite 124, 96817))

Breathing Hui Support Meetings, 10-noon

- **2nd Fridays**, Kaiser Honolulu (1010 Pensacola Street), Conference Room 2A/B
- **3rd Saturdays**, Hawaii Kai Retirement Community, Phase 1 (428 Kawaihae Street), Multi-Purpose Room

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COPD in Hawaii

In 2007, an estimated 3.8% of Hawaii adults (37,381) reported being told they have COPD. In 2008 3.2% of Hawaii adults (30,794) were told they had COPD. These results are from Hawaii telephone surveys, conducted every year. Thanks to everyone who provides information and the Hawaii Department of Health BRFSS and HHS for analysis.

Send suggestions, comments, suggested articles to Hawaii COPD Coalition for future newsletters; contact information above.