

HAWAII COPD COALITION

NEWS

Information & resources on Chronic Obstructive Pulmonary Disease, emphysema & chronic bronchitis

Volume 2, Issue 3

August 2010

COPD Radio Show

The **Body Show** with internist, **Dr. Kathy Kozak** will focus on **COPD** with featured guest speaker, COPD Advocate **Valerie Chang** on Monday, August 16, 2010 at FM 89.3, Hawaii Public Radio. Listeners are invited participate with their questions and comments. The phone number is 941-3689 or 877-941-3689.

Research Opportunities

One is a twelve-week project to find out how using computers with coaching can help reduce shortness of breath. Participants can be loaned computers and provided reimbursements. For more information, call Deborah Mark, PhD RN at 988-0889.

Another research project will provide free lung and allergy testing to participants. For more information, call Marianne Yoshida, RN at 295-3213.

The COPD Foundation Research Registry is accepting confidential registrations at <http://www.copdfoundation.org/registry/> or by calling the toll-free COPD Information line (866) 316-COPD (2673) for more information. A form and COPD information can be mailed to you at no charge.

COPD Education Day 2010

Register now for COPD Education Day 2010, celebrating **2010 as International Year of the Lung!** It will be on **Saturday, September 11, 2010 at Queen's Conference Center, 9 to 1:30pm, FREE.** Registration form and more details at www.hawaiicopd.org. Call 699-9839 for more information. Pre-register to save your seat!

Help Us Plan Tobacco Control!

You are invited to participate in the strategic planning process for the tobacco control community. On each of the Neighbor Islands throughout the month of August community meetings will be held. Come prepared with questions and join us for discussions that will be used to design the course of tobacco control for the next five years in Hawaii.

Oahu -- Tuesday, August 17, 2010 from 12 N - 2 pm at the Hawaii State Capitol, 415 S. Beretania St., Rm. 325, Honolulu. For each of the meetings, we will be serving heavy pupu and refreshments. Please RSVP to Diane Lobre so that we have an accurate count for the food order. RSVP's can be made by email diane@tobaccofreehawaii.org or http://salsa.democracynaction.org/o/445/t/8606/questionnaire.jsp?questionnaire_KEY=1070. Information about other meetings at the website.



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ADDRESS CORRECTION REQUESTED

Send suggestions, comments, suggested articles to Hawaii COPD Coalition for future newsletters; contact info above.

Free Breathing Test Clinics

The **Hawaii COPD** (Chronic Obstructive Pulmonary Disease) **Coalition** has partnered with Queen's Medical Center and Times Supermarket and Pharmacy to offer free breathing test clinics. Priority is given to smokers, former smokers, and adults with breathing problems. Testing is performed by trained, experienced healthcare professionals.

For more information about the clinics or support groups, contact **Hawaii COPD Coalition** at 699-9839 or copd.hawaii@yahoo.com. Clinics for 2010 are still being scheduled and will be posted at <http://hawaiicopd.org> as soon as they are finalized.

Mahalo & Aloha

*Thanks to pre-pharmacy student volunteers, **Michelle Matsumoto** and **Caitlin Mizoshiri** for helping in our clinics. Congratulations and best wishes in pharmacy school!*

*Thanks to our John A. Burns School of Medicine volunteer **Luke Lam** for all your data entry and assistance in Project SUCCESS.*

Breathing Hui

Support Group on breathing and cessation
Everyone is invited to attend the Breathing Hui meetings held monthly at Kaiser Honolulu (1010 Pensacola), meeting room 2A/B, **2nd Friday of the month from 10-noon**. The meetings are led by experienced respiratory therapist **Jo Ann Ikehara** and registered nurse **Donita Gano**. Many different topics are covered. Meetings are free; refreshments and supplies are included. Parking is \$3 for 3 hours.

For more information and details, contract the Hawaii COPD Coalition at (808)699-9839 or through the website or e-mail below.

Burden of COPD in Hawaii Report 2010

The State Department of Health, Chronic Disease Division produced "Burden of COPD in Hawaii 2010." It has data about emphysema and chronic bronchitis from 2007 and 2008. Read the report at www.hawaiicopd.org. Information about the report has been presented at national conferences.