



Hawaii COPD Coalition in Project SUCCESS presents

# Breathing Hui Support Group Meetings FREE & open to the public!

*Especially for folks with emphysema, chronic bronchitis  
or chronic asthma, also known as*

*Chronic Obstructive Pulmonary Disease (COPD)*

Free and open to the public, led by healthcare professionals

Medications    Sleep    Exercise    Nutrition  
Travel    Oxygen    Research    Legislation  
Emotions    Relaxation    Smoking Cessation  
**Optimizing Health & Care**    Social Security

10-noon, **every** 2nd Friday, Kaiser Honolulu,  
1010 Pensacola, Conference Room 2AB

More groups may be formed,  
based on demand, staffing and resources



For more info go to [www.hawaiicopd.org](http://www.hawaiicopd.org) or  
call Hawaii COPD Coalition at 699-9839

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